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For precautionary measures to address COVID-19, and for the safety of current clients, new admitting clients and staff, effective immediately, all new campus arrivals will be placed in respiratory isolation for seven days. New admissions will have their own area, their own space and their own surfaces. When in contact with clients, staff will wear gloves before they touch any surface in the client's area. During medical assessments, all staff will wear a mask when they are within six feet of the client. This protocol is to ensure that the client is able to exist in their own area.

After respiratory isolation for seven days and the client has proven to be COVID-19 symptom free, the client is then allowed to go into a group area. The respiratory isolation period is required as we currently do not have the ability to test for COVID-19. As soon as we have the ability to test, we will not be using respiratory isolation unless the client is symptomatic i.e coughing and expelling respiratory fluids. We have two areas of respiratory isolation:

1. Every bed in detox
2. 10 residential rooms that can be used for:
  - (A) Level 3.2 withdrawal management
  - (B) Level 3.5 or 3.1 residential

When a client is no longer experiencing detox symptoms they are given the ability to be placed into a group and receive an assessment via telemedicine. At this time, a treatment plan will be created. One of two requirements must be met to be introduced into group population:

1. Seven days of respiratory isolation
2. Tested for COVID-19

Groups have been placed in separate areas at various campus locations. This practice is mandatory to ensure social separation compliance. Rooms have up to three clients all from the same color group to eliminate exposure to other color groups. Each group has an area where they receive their med pass, food service, entertainment, exercise, and laundry areas. Areas are defined for each group and sanitized after every use. Staff that works with each group is also defined to that group with the exception of medical staff that must see clients from multiple

groups. Medical staff are trained in PPE use such as masks and gloves to be worn when physically present with a client such as med pass.

If a client is not feeling well, they are able to remain in their room for bedrest. If a client is coughing or expelling respiratory fluids, they are required to wear a mask or be moved to respiratory isolation if necessary. There is a zero tolerance policy for clients not following safety procedures or leaving group isolation areas. In compliance with State of Michigan recipient rights rules all clients have been advised in writing that violation of these rules will result in immediate expulsion from the program.

All groups have CDC approved Disinfectant and a 70% Isopropyl Alcohol Solution for sanitation purposes. Clients are aware that Isopropyl Alcohol will cause death upon consumption. The Isopropyl Alcohol is in group rooms and use is monitored by staff. This is to ensure groups have the ability to clean and disinfect their group areas.

Food services are isolated and positioned as outward delivery only. Nothing comes back into the food prep areas, kitchen or surrounding areas. A staff member from each group will pick up the food from the drop off location, and distribute to clients within their group. All staff members will be wearing gloves during this process. All plates, cups and utensils are disposable.

During the respiratory isolation period if the client wishes to leave their room at any time they must be escorted. This includes smoking or taking a walk. When a client is isolated in the detox area and they must use the restroom, a medical tech must come to clean and sanitize the restroom. When the client is isolated in the residential area, the client must clean and sanitize the restroom before and after use. Cleaning supplies and gloves are provided.

It is not the intent of Bear River Health to admit persons with High Risk to COVID-19. However, we will detox high risk clients so that they do not have to utilize a Hospital Emergency Room for this purpose. In addition, if a client is considered high risk when they come in for admission staff they will be placed in our telemedicine outpatient program for follow up services from detox, in the safety of a home where they can be isolated. If placement at home with Intensive Outpatient Program (IOP) services cannot occur due to homelessness or another need, Bear River Health will place the client into our respiratory isolation area so that the client can be medically monitored. Bear River Health has onsite medical staff available 24-hours a day, and respiratory isolation areas available to address clients' health and safety needs.

Kind Regards,  
Daniel J Hartman, JD  
Executive Director